

Our Mission: To speak with a collective voice on regional and local health issues by facilitating dialogue and understanding amongst citizens and stakeholders. The Network is a community driven mechanism that helps to build partnerships and capacity; share concerns, ideas and resources and create innovative solutions that impact the social determinants of health and work towards sustainable healthy communities.
(from ACHN 2012 Strategic Plan).



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EXECUTIVE SUMMARY

The purpose of the ACHN is to network like-minded organizations, agencies, and networks that are already working to improve community health – we aim to “network the networks” - to better support the work you are already doing. Rather than create additional work, meetings or duplicate what you do best we would like to meet you where you are to provide supports to work more effectively as a region.

With annual coordination funds secured for a three year term from Island Health we were able to hit the ground running. Confidently moving forward to develop the network framework, update plans and engage with community partners in order to lay the ground work for our engagement activities and initiate SMART action - Specific, Measurable, Attainable, Realistic and Timely. We value your input in the process of building the network, looking forward to increased engagement activity in 2016!

2015 Accomplishments

ACHN’s focus for 2015 was to clarify and strengthen the network principals and goals. We did just that, meeting and exceeding all the goals identified in our 2014 Annual Report!

- Formalized policy and procedure, network frameworks and MOU’s with key community partners;
- Updated our Strategic Plan and developed a Communications and Engagement Strategy through interviews with stakeholders and an environmental scan;
- Convened Transportation Action Tables and began planning on two major projects for 2016;
- Participated and partnered on a variety of community events and with existing networks;
- Began outreach and engagement with community partners to increase impact in other strategic priority areas;

2016 Goals

In order to move forward planning, formalize network engagement with communities and initiate action in strategic priority areas the ACHN has identified a few key goals for 2016.

- Maintain and enhance communications to network and community partners in order to: increase the general awareness of network, connections between communities and community partners as well as knowledge of research and resources;
- Increase engagement opportunities with community partners to build a strong and consistent mechanism for the ACHN to hear community feedback;
- Enhance capacity building and education opportunities in the region;
- Increase interaction between community partners and decision makers in the ACHN Table of Partners and other tables as required;
- And lastly take some action in areas identified!

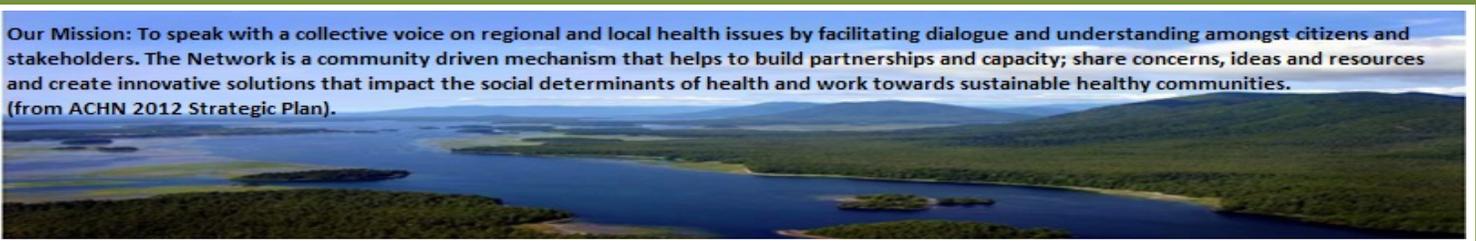
On the Horizon

Planning and action taken in 2015 has set up a couple great starts for the ACHN in 2016.

- Collective Impact Workshop and quarterly educational and networking gatherings;
- Website and media development;
- Convening and communications support for the West Coast Wheels for Wellness Pilot and Regional Transportation Asset Inventory Project;
- Support for upcoming community events, including poverty reduction strategy planning!

We have accepted the challenge to examine unique solutions which only come from working collaboratively and embracing innovation. We look forward to working with you!

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ALBERNI CLAYOQUOT HEALTH NETWORK: PRINCIPLES

Healthy & Connected People & Places

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OUR VALUES

1. **Inclusion:** We are open to anyone that wants to be involved and recognize, encourage and value each other's contributions.
2. **Learning:** we share knowledge, listen to each other, explore new ideas and apply information in ways that generate new understanding and solutions.
3. **Compassion and Respect:** We have compassion for all people with whom we interact and are mindful and respectful of differing opinions.
4. **Hishuk ish tswalk:** We embrace the Nuu-Chah-Nulth world view that everything is one and all is interconnected and health is holistic in nature.
5. **Connection, Collaboration and Sharing:** We cultivate relationships, connect people to each other, promote a culture of participation and sharing of resources in order to better serve our communities and advance the common good. Together we are better.
6. **Sustainability:** We are accountable with the resources entrusted to us, strive for cost-effectiveness and efficiencies and aim towards sustainability of solutions and initiatives.
7. **Innovation:** We want to constantly find better and more efficient ways to serve our communities.

OUR GUIDING PRINCIPLES

In all that we do, we:

- A. **Employ** a population health approach that focuses on improving the health and well-being of the entire population of the region and across the lifespan.
- B. **Focus** on the social determinants of health and address policies that impact health inequities.
- C. **Believe** that health is a shared responsibility and that collaboration leads to innovation.
- D. **Are** solution oriented & committed to building on community assets, strengths, efficiencies, social capital and reduce duplication.
- E. **Utilize** approaches that build knowledge, health literacy, capacity and citizenship.
- F. **Acknowledge** that local realities, population demographics, socio-economics and health indicators can vary significantly (remote, rural, and urban).
- G. **Recognize** that the Health Network exists within the ha'houlthee (chiefly territories) of the Nuu-chah-nulth First Nations. We strive to find new, better and culturally appropriate ways to collaborate, plan and work together that legitimize traditional knowledge.

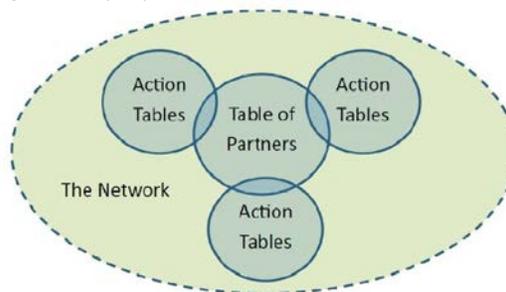
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ALBERNI CLAYOQUOT HEALTH NETWORK: OPERATIONS

The ACHN updated their Strategic Plan in 2015; through interviews with key community stakeholders, environmental scans and data analysis the five strategic priorities identified by the network were aligned with updated activities and metrics. Additionally the network identified its role with in these priority areas aligning with Collective Impact principles. The ACHN commits to acting as a supporting resource to assist leveraging assets and partnerships or a convener when no convening organization is evident in the region for projects and initiatives linked to the networks five priority areas.

- Network Development
- Healthy Children and Youth (0 - 18)
- Affordable and Accessible
- Regional Transportation
- Affordable Housing
- Health Literacy



To facilitate better community connections with decision makers at the Table of Partners, action tables and local government the ACHN identified the following mechanisms aimed at increasing benefit to network partners and interaction with local communities and organizations.

- Network communications –community presentations newsletters, Facebook and updates
- Sponsoring regional education events and quarterly networking gatherings
- Open invitation for community presentations to the Table of Partners
- Partnership on community events and opportunities aligning with strategic priorities
- Other opportunities which align with our strategic direction as they arise

Join us in 2016 to help us build as we go – we will be seeking opportunities, feedback on regional needs and interest level in activities!

THE NETWORK	ACTION TABLES	THE TABLE OF PARTNERS
<ul style="list-style-type: none"> • The most important voice in determining priorities and actions • Inclusive of community members, organizations and regional partners • A means to gather and distribute information, stories, and to capture the voices of the communities • To build relationships, helping people and organizations to find commonalities to take action to improve health outcomes in the region. • To connect people with information and resources, and to mobilize 	<ul style="list-style-type: none"> • Small committees of regional representatives and topical experts tasked with moving work on priorities forward • Utilize a regional lens to approach locally identified actions and needs that advance the ACHN Strategic Plan. • Roles include framing issues in ways that are inclusive, respectful and that bring people together. 	<ul style="list-style-type: none"> • Made up of regional decision makers and representatives with strong ties to communities and identified priority groups • Exists to support the work and priorities of the ACHN and link with Action Tables. • Look at evidence, facilitate strategic thinking and planning and seek resources as needed. • Ensure feedback is collected from Network members and ensure that work on identified issues and agreed upon actions is moving forward.

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2015 HIGHLIGHTS

The ACHN experienced a busy year with many changes, meeting and exceeding the goals which we identified for 2015. Beginning with the decision to hire a full time coordinator the network picked up momentum as the Table of Partners and coordinator identified areas for additional tool development and improvements to build a strong framework to move forward work in 2016. Reflecting on 2015, six main areas of achievement stand out – check out our webpage for complete reports!

<http://www.acrd.bc.ca/achn>



Community Engagement

- Community presentations to Table of Partners
- ACHN community presentations
- Community partner engagement and interviews
- Community partner input for Strat Plan update
- Increased direction and focus in engagement

Action Tables

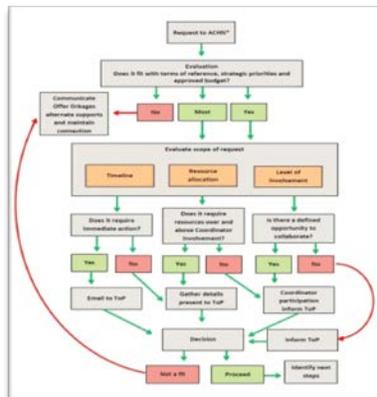
- Formation of the Regional Transportation and West Coast Transportation Action Tables
- Assistance with the West Coast Wheels for Wellness Pilot project identification, partner convening and communications
- Health Literacy research paper development
- Participation in Physical Literacy initiatives
- Participation in Housing and Homelessness Report
- Participation in local child, youth and family tables



Events

- June 11 Dialog to Action Workshop
- Port Alberni Community Response to Poverty
- Support with Campbell River Health Network Planning events
- Support for community events
- Upcoming workshops
- Planning for 2016 education opportunities

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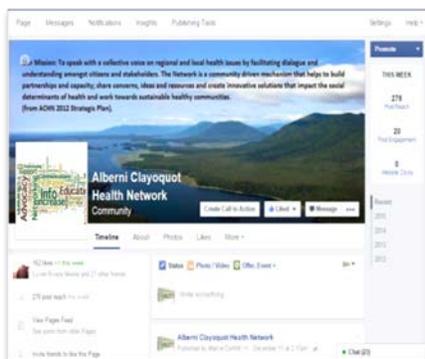
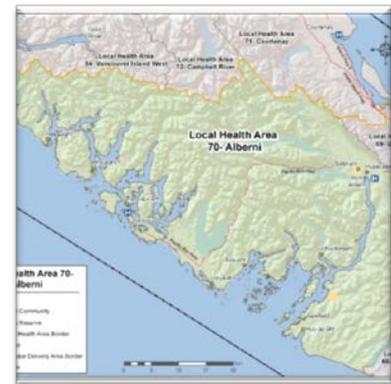


Policy and Procedure

- Formalized ACRD and Partner MOU's
- Table of Partners roles and responsibilities
- Chair/Co-Chair roles and responsibilities
- Development of decision making framework
- Formalization of processes, meeting structure and reporting

Planning

- 2015 Strategic Plan Update
- Work planning
- Development and adoption of Communications and Engagement Plan
- Transportation planning and action informed by community engagement
- Health Literacy Planning and research document development to inform 2016 initiatives



Communications

- 2014 Annual Report
- Event Reports
- Topical One Pagers
- ACHN Communications and Engagement Plan
- Quarterly Newsletter and updates
- Facebook Page growth
- 2016 Communications Planning

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ON THE HORIZON FOR 2016

Building on the feedback we heard from community partners and current opportunities in the region the ACHN is actively pursuing plans to increase engagement and collective impact opportunities. Below you will find a few examples of activities identified from our 2015 planning



Network Development

- 2016 Collective Impact workshop
- Community learning events
- Quarterly networking gatherings
- Partnership on community events
- Increased opportunities for community engagement through events and interaction with ACHN Table of Partners

Transportation

- Convene Regional and West Coast Transportation Action Tables
- Leadership on identified activities and ongoing planning for next steps
- Support role in West Coast Wheels for Wellness Pilot and other West Coast infrastructure planning projects
- Lead role in Regional Transportation Assets Project
- Advocacy and communications support for decision makers



Communications

- Ongoing communications via facebook and newsletter
- Increased web presence
- Development of an interactive website
- Planning for communications tools which reach a wide audience and literacy level to assist in sharing information related to health literacy

Supporting Existing Initiatives

- Partnership and support for groups working with Children and Youth and Housing to increase capacity and activities as identified across the region
- Participation in poverty reduction strategy
- Communications, policy and asset leveraging support
- Increased access to decision makers and Table of Partners for community groups
- Expansion and formalization of regional engagement framework



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BUDGET 2015 – 2017

The Table of Partners has approved a three year budget. The ACHN is started the 2015 fiscal year with reserve funds from Island Health’s original 2012 grant and have secured an annual commitment of \$80,000 from Island Health for a three year term.

Actuals from 2015 are reported along with the revised budget for 2016 and 2017.

ACHN Fiscal Year : Calendar Year

REVENUE	2015 Actuals	2016	2017	3 Year Totals
1 Reserve Opening Balance	\$281,843	\$263,727	\$189,727	
2 Island Health Funds	\$80,000	\$80,000	\$80,000	
3 Other Grants	\$9,000	\$10,000	\$12,000	
4 Total Revenue & Reserve	\$370,843	\$353,727	\$281,727	\$544,343
BUDGET EXPENSES				
	2015	2016	2017	3 Year Budget
Operation & Administration				
5 ACHN Communications Strategy	0	15,000	5,000	20,000
Includes: outreach, engagement protocol, one pagers, ACHN stand alone web site development, newsletter, logo development.				
6 Coordination Contract	64,150	80,000	80,000	224,150
7 Administrative Support	10,000	10,000	10,000	30,000
8 Operating Expenses	1,199	2,000	2,000	5,199
Includes: A/V rental, printing, office supplies etc.				
9 Advertising	881	2,000	2,000	4,881
Includes: newspaper ads for RFP process and posts to websites.				
10 ACRD Financial Administration Fee	8,000	8,000	8,000	24,000
Capacity Building				
11 West Coast Capacity Building	20,000	20,000	20,000	60,000
12 Barkley Sound Capacity Building		3,000	3,000	6,000
Action Tables & Community Learning Resources				
13 Affordable and Accessible Transportation	2,886	7,000	5,000	14,886
14 Action Table TBD	0	5,000	5,000	10,000
15 Action Table TBD	0	5,000	5,000	10,000
16 ACHN CommunityEngagement, Events & Planning	0	7,000	7,000	14,000
Total Expenditures	\$107,116	\$164,000	\$152,000	\$423,116
<i>Reserve for Carryforward as of December 31, 2017</i>				\$129,727

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IN KIND CONTRIBUTIONS

The ACHN in kind contribution table outlines a modest portrayal of current contributions from ACHN partners and professional support. With focused collaboration and partnerships in the region in kind contributions will undoubtedly grow. The newly established Table of Partners has representatives from a wide and diverse pool of regional professionals and local government. Membership includes representation from; Island Health, SD 70, First Nations Health Authority, MCFD, Clayoquot Biosphere Trust, the City of Port Alberni, Alberni Valley Shelter Society, North Island College, Alberni Valley Transition Towns and the ACRD.

In-Kind Contributions	2015	2016	2017
Table of Partners Leadership Table	\$35,988	\$35,988	\$35,988
<i>15 Representatives at Table of Partners</i>			
<i>Partners time = \$35/hr x (min) 5 hrs x 11 months x 15 = \$31,500</i>			
<i>Travel for outlying communities = \$0.51 x 200 km (average distance for outlying communities by road) x 11 months x 4 partners = \$4,488</i>			
Staff Support - Island Health	\$15,000	\$12,000	\$10,000
<i>Medical Health Officer</i>			
<i>IPCC- CDSI Manager and Developer</i>			
<i>PACE Consultant</i>			
Meeting Support: ACRD & Island Health	\$3,000	\$3,000	\$3,000
<i>meeting rooms</i>			
<i>teleconference</i>			
<i>videoconference</i>			
Action Tables, Community Learning Resources	\$15,000	\$15,000	\$15,000
<i>staff time, community knowledge holders, volunteers, meeting support, venues, promotion and knowledge exchange.</i>			
TOTAL	\$68,988	\$65,988	\$63,988