
ALBERNI CLAYOQUOT HEALTH NETWORK

2020
ANNUAL
REPORT

www.achn.ca ~ achn@acrd.bc.ca

2020 HIGHLIGHTS

What a wild ride - the ACHN started the year with gatherings, planning with partners and grant writing, we finished the year in our own bubbles with countless hours of zoom calls! Lucky for us the foundational work from the last few years assisted the Network in being responsive to community need this year. We were able to fill gaps in information delivery and work with partners to develop community engagement strategies which were responsive to our new reality. We were successful in a grant to develop a regional Poverty Reduction Action Plan and employed the assistance of community partners to ensure diverse engagement was incorporated into the community outreach despite our inability to gather.

2020 Key Activities

This year was a great example of what can be accomplished through nimble network mechanisms and strong relationships. The ACHN began the year gathering community partners to work on service integration and participating in planning. With the COVID 19 pandemic and subsequent health orders the Network was able to pivot rapidly to respond to the needs of community partners and community members. Finding innovative ways to engage with community, build and maintain network connections while moving forward network priorities and planned projects.

Networking the Networks - Service Integration Support and COVID Response

- January 27th Service Integration and community info fair
- Alberni Valley COVID Service Directory development, updates and distribution
- Partnership with CFRC and Long Beach Chapter of the Divisions of Family Practice for West Coast Service Directory and distribution of hard copies in local newspaper
- Planning and tech support to local networks for integration and uptake of online mechanisms
- Information gathering, documentation and reporting around emergent regional and sub regional priorities

Building Regional Prosperity - in 2020 the ACHN was successful in a UBCM grant to create a ACRD Poverty Reduction Action Plan. After some careful revisions and check in's with regional partners the ACHN proceeded with a revised community engagement plan.

- Building Regional Prosperity online survey development, distribution and analysis
- Engagement with people with lived experience via partnerships with local service provision organizations and an active listening template to record experiences
- Begin work on local policy analysis and action plan research

Support the development of the Health Network model throughout Vancouver Island via new coordinators and network supports. Information, document and process sharing as well as quarterly reporting and VI Network meetings to share information and resources.

- Support to new network coordinators through resource sharing and coaching calls
- Increased VI Community Health Network calls to share best practices and approaches to COVID, recovery planning and advocacy

Promoting a Health Equity approach to planning through participation in municipal planning and projects

- Provide data (local priorities and research based) for COVID response and recovery planning
- Participation in recovery plan development and task forces

Served as a connector of ideas and resources by participation with local initiatives and presentations to the Table of Partners.

Promote a culture of inclusion and collaboration through the Table of Partners, Network model and participation in other local initiatives.



OUR STORY

Have great respect for the past. If you don't know where you've come from, you don't know where you're going ~ Maya Angelou

The Alberni Clayoquot Health Network (ACHN) formed in 2012 through a series of meetings to gauge interest in establishing a health network for the Alberni Valley, Clayoquot and Barclay Sound region. The initial work of the ACHN was supported with a grant from Island Health in February 2012. The Network hired their first Coordinator in June of 2012. At the end of 2013 it became apparent that a governance refresh was required to center the work of the Health Network with the needs of the communities.

A strong will for the ACHN to reach out and involve the community emerged; to ensure the community at large had an ability to bring forward issues, ideas, and concerns for consideration.

The Network identified that actions are to be informed by:

- Stories, opportunities, planning, and evidence;
- Consultation and collaborative conversations that surface emerging issues;
- The timeliness of opportunities;
- And fit with ACHN's values.

Governance, operating practices and values for the Network were built to facilitate and strengthen these principles.



Employing these new practices we have gained momentum. Supporting community based initiatives already flourishing in our region, promoting collaboration, innovation and shared accountability. We support organizations and initiatives which address social determinants of health and take leadership to convene regional partners around emergent regional issues.

This work is centered in relationships and trust built with and between community partners. The Network aims to be responsive to regional needs and consistent in its engagement. We look forward to working with you and your community in 2021!

MISSION~VISION~VALUES

HEALTHY & CONNECTED PEOPLE & PLACES

Our Mission

To speak with a collective voice on regional and local health issues by facilitating dialogue and understanding amongst citizens and stakeholders. The Network is a community driven mechanism that helps to build partnerships and capacity; share concerns, ideas and resources and create innovative solutions that impact the social determinants of health and work towards sustainable healthy communities.

Our Values

1. **Inclusion:** We are open to anyone that wants to be involved and recognize, encourage and value each other's contributions.
2. **Learning:** we share knowledge, listen to each other, explore new ideas and apply information in ways that generate new understanding and solutions.
3. **Compassion and Respect:** We have compassion for all people with whom we interact and are mindful and respectful of differing opinions.
4. **Hishuk ish tswalk:** We embrace the Nuu-Chah-Nulth world view that everything is one and all is interconnected and health is holistic in nature.
5. **Connection, Collaboration and Sharing:** We cultivate relationships, connect people to each other, promote a culture of participation and sharing of resources in order to better serve our communities and advance the common good. Together we are better.
6. **Sustainability:** We are accountable with the resources entrusted to us, strive for cost-effectiveness and efficiencies and aim towards sustainability of solutions and initiatives.
7. **Innovation:** We want to constantly find better and more efficient ways to serve our communities.

Our Guiding Principles

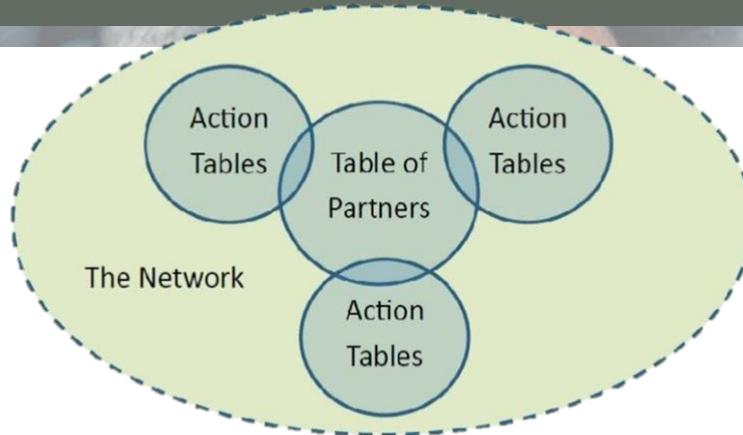
In all that we do, we:

1. **Employ** a population health approach that focuses on improving the health and well-being of the entire population of the region and across the lifespan.
2. **Focus** on the social determinants of health and address policies that impact health inequities.
3. **Believe** that health is a shared responsibility and that collaboration leads to innovation.
4. **Are** solution oriented & committed to building on community assets, strengths, efficiencies, social capital and reduce duplication.
5. **Utilize** approaches that build knowledge, health literacy, capacity and citizenship.
6. **Acknowledge** that local realities, population demographics, socioeconomic and health indicators can vary significantly (remote, rural, and urban).
7. **Recognize** that the Health Network exists within the ha'houlthee (chiefly territories) of the Nuu-chah-nulth First Nations. We strive to find new, better and culturally appropriate ways to collaborate, plan and work together that legitimize traditional knowledge.



ACHN OPERATIONS

How, who and why we network



The ACHN utilizes collective impact principles to identify and define their role in social change and regional initiatives. We commit to acting as a supporting resource to leverage assets, information and partnerships for local initiatives, projects and priority areas. When no convening organization is evident we take initiative to convene dialogue, planning and facilitate the leadership around priorities influencing social determinants of health and the promotion of upstream health interventions.

To facilitate better community connections with decision makers at the Table of Partners, action tables and local government the ACHN identified the following mechanisms aimed at increasing benefit to network partners and interaction with local communities and organizations.

- Network communications – Community presentations, newsletters, Facebook and updates
- Sponsoring regional education events and networking gatherings
- Open invitation for community presentations to the Table of Partners
- Partnership on community events and opportunities aligning with strategic priorities
- Other opportunities which align with our strategic direction as they arise

Join us to build as we go – bring forward ideas, proposals, presentations, join an action table, the newsletter or Facebook page... there are so many ways to get involved!

THE NETWORK	ACTION TABLES	THE TABLE OF PARTNERS
<ul style="list-style-type: none"> • The most important voice in determining priorities and actions • Inclusive of community members, organizations and regional partners • A means to gather and distribute information, stories, and to capture the voices of the communities • To build relationships, helping people and organizations to find commonalities to take action to improve health outcomes in the region. • To connect people with information and resources. 	<ul style="list-style-type: none"> • Small committees of regional representatives and topical experts tasked with moving work on priorities forward • Utilize a regional lens to approach locally identified actions and needs that advance the ACHN Strategic Plan. • Roles include framing issues in ways that are inclusive, respectful and that bring people together. 	<ul style="list-style-type: none"> • Made up of regional decision makers and representatives with strong ties to communities and identified priority groups • Exists to support the work and priorities of the ACHN and link with Action Tables. • Look at evidence, facilitate strategic thinking and planning and seek resources as needed. • Ensure feedback is collected from Network members and ensure that work on identified issues and agreed upon actions is moving forward.

ACHN 2020 TABLE OF PARTNER MEMBERS

The ACHN Table of Partners is the leadership table for the Network. These local decision makers and knowledge holders are charged with enhancing the communications and decision making capacity of the Network for a minimum two year term. The aim of the Network is to engage community in meaningful ways to inform action, our Table of Partners assist to ensure the development of our process is inclusive, decisions are made fairly and in line with our Network capacity.



Penny Cote (Chair)
Alberni-Clayoquot Regional District
Sproat Lake Director



Laurie Bird
Instructor at North Island College
Board member of the Ucluelet Food Bank



Josie Osborne
Mayor of Tofino
Vice chairperson of the Alberni-Clayoquot Regional District



Sandra Tate- Se cuk'lt'uulth
Nuu-chah-nulth Community Engagement Coordinator with First Nations Health Authority (FNHA)



Anna Lewis
Chair of the Port Alberni Air Quality Council



Alisha Pauling
Manger of Home and Community Care Island Health



Susan Fox
Executive Director
Outreach Therapy



Margaret Morrison
Executive Director
Westcoast Community Resources Society



Lynne MacFadgen
Regional Director Port Alberni campus
North Island College



Sharie Minions
Mayor
City of Port Alberni



Patty Edwards
Constituency Assistant
MLA Scott Fraser's Office



Bill Collette
CEO
Alberni Valley Chamber of Commerce.



Christine Washington
School District Trustee
School District 70



Esther Pace
Mangaer of Public Health, Port Alberni,
West coast and Parksville/Oceanside
Island Health



NETWORK DEVELOPMENT

The ACHN aims to ‘network the networks’, working with local partners to develop a culture of collaboration and mutual accountability. We see this as an integral part of our role as a network and motivator for social change in the region. This includes but is not limited to activities which provide education, capacity development and opportunities to develop shared language and priorities internally to the Network as well as in the region with community partners.

2020 Network Development Milestones

Communications

- Consistent distribution of accurate information during COVID via regular newsletters, Facebook and the development and upkeep of local resource directories
- Partnership with local networks to increase awareness of supports through directories including hard copy distribution

Development of Community Health Network (CHN) Model

- Support to Health Networks and new Coordinators across Vancouver Island – Oceanside, Nanaimo and Capital Regional District.
- Participation in the CHN Most Significant Change evaluation

Table of Partners Development

- Increased information sharing and building of collaborative culture demonstrated through information sharing and connections created during monthly meetings
- Joint meetings with Coastal Family Resource Coalition in West Coast communities during initial COVID response
- Increased engagement and attendance from community partners and network leads at Table of Partner meetings
- Massive change in Table of Partners membership during 2020 recruitment which includes increased participation from Alberni Valley non profit sector, West Coast and Barkely Sound communities.

COMMUNITY CONNECTEDNESS

Access to services, community infrastructure and recreation are all key factors in the building of healthy individuals and communities. Our aim is to increase equity in the way individual’s access employment, education, healthy food, services and opportunities in the Alberni Clayoquot Region through transportation infrastructure as well as innovative social solutions.

2020 was a slower year for progress tied directly to transportation networks as can be expected. The ACHN was able to support efforts around building equitable communities through technology support, communication and community engagement support

2020 Community Connectedness Milestones

- Continuation of support for BC Transit expansion and service changes in regional communities
- Research and support a quick pivot to online facilitation and meeting hosting
- Support to local networks and organizations for online meeting technology
- Research and support use of online harvesting tools to support local planning and priority identification during initial phases of pandemic



BUILDING REGIONAL PROSPERITY

Poverty is a complex issue which cannot be addressed by any one organization or initiative. The ACHN has made the commitment to convene leaders and local stakeholders to discuss, identify opportunities, action and evaluate efforts. Our efforts are aimed to ensure the conversation is building, awareness developed and solutions generated, implemented and evaluated in partnership with regional stakeholders.

2020 Regional Prosperity Milestones

Building Regional Prosperity Poverty Reduction Action Plan

- Successful in application for UBCM 2020 Poverty Reduction Planning Program
- Revised community engagement plan to ensure safety and reduce exposure
- Design and launch of community engagement survey and interview template for people with lived experience

Partner Participation

- Participation in BC Community of Practice to share and discover wise practices, supports and successes
- Partnership with over 9 community outreach organizations in the Alberni Valley and West Coast to conduct interviews with people with lived experience
- Consultation with local partners to inform online survey development ensuring board use of information gathered for local planning around housing and other emergent local issues
- Research on local socioeconomic statistics to assist in informing poverty reduction targets, demographics and for use to inform recovery planning recommendations

KNOWLEDGE AND CAPACITY DEVELOPMENT

We recognize a collective need to move forward on emergent regional issues through education, identification and planning. Regional priorities, such as housing, are complex with a wide range of needs depending on community and demographics. To identify and address these emergent issues we require strategies which combine resources, knowledge and capacity through shared learning, planning and implementation.

2020 Milestones

The ACHN aims to Network the Networks. We do this by connecting ideas, initiatives, resources and people. Through relationship building, listening and participation with regional partners we are able to identify areas of mutual need, increase capacity and work collaboratively to address issues of health and social equity. Here are a few of the activities we undertook in order to support this regional network building work.

Convene and support

- Work with local networks to identify key themes in COVID response and recovery, share insights with local leaders and cross pollinate through regional networks
- Support networks with ACHN capacity and utilize opportunities for increase community engagement and information distribution

Participate, support and engage in knowledge exchange with

- Coastal Family Resource Coalition
- Port Alberni Local Action Table for Child and Youth Mental Health
- Alberni Valley Learning Council
- Alberni Children First Network
- Alberni Valley Community Action Table
- West Coast Harm Reduction Table
- West Coast Seniors Network



ACHN 2020 BUDGET

The Network has continued to be successful in utilizing the initial investment from Island Health to fund operations and project work. This positions the Network in an ideal place to move forward planning, community engagement and leverage resources to support community capacity. The ACHN relies on the professional support of the Table of Partners members, community groups and members to create the maximum impact on our shared goals. Our In Kind contribution calculations are a modest estimation of the incredible value we receive from our shared collaborative work.

ACHN Budget 2021-2023

ACHN Fiscal Year : Calendar Year

REVENUE	2020 Actuals	2021	2022	2023	3 Year Totals
1 Reserve Opening Balance	\$ 121,837.95	\$108,195	\$84,695	\$61,195	
2 Island Health Funds	\$ 80,000.00	\$80,000	\$80,000	\$80,000	
3 Other Grants	\$ 25,000.00	\$20,000	\$20,000	\$20,000	
4 Total Revenue & Reserve	\$ 226,837.95	\$208,195	\$184,695	\$161,195	\$345,890
BUDGET EXPENSES	2020	2021	2022	2023	3 Year Budget
Operation & Administration					
5 ACHN Communications Strategy	\$ 812.20	1,000	1,000	1,000	3,000
Includes: outreach, engagement protocol, one pagers, ACHN stand alone web site development, newsletter, logo development.					
6 Coordination Contract	\$ 80,000.00	80,000	80,000	80,000	240,000
Includes: travel expenses, benefits, taxes and business expenses					
7 ACRD Administrative Support/ Financial Fee	\$ 12,000.00	12,000	12,000	12,000	36,000
8 Operating Expenses	\$ 769.24	1,000	1,000	1,000	3,000
Includes: A/V rental, printing, office supplies etc.					
9 Advertising		500	500	500	1,500
Includes: newspaper ads for RFP process, website posts					
Capacity Building					
10 West Coast Capacity Building	\$ 10,000.00	10,000	10,000	10,000	30,000
11 Barkley Sound Capacity Building	\$ 114.48	2,000	2,000	2,000	6,000
12 Network Capacity Building	\$ -	2,000	2,000	2,000	6,000
Action Tables & Community Learning Resources					
13 Poverty Reduction (\$25 000 Grant 2020 -2021)	\$ 12,826.67	5,000	5,000	5,000	15,000
15 ACHN Priorities and Capacity Building Support		5,000	5,000	5,000	15,000
16 ACHN Community Engagement, Events & Planning	\$ 2,120.48	5,000	5,000	5,000	15,000
Total Expenditures	\$ 118,643.07	\$123,500	\$123,500	\$123,500	\$370,500
Reserve for Carryforward as of December 31, 2023					\$37,695

In-Kind Contributions	2020	2021	2022
Table of Partners Leadership Table	\$31,500	\$31,500	\$31,500
15 Representatives at Table of Partners			
Partners time = \$35/hr x 5 hrs x 12 months x 15 = \$26,250			
Staff Support - Island Health	\$10,000	\$10,000	\$10,000
Medical Health Officer			
Island Health Community Managers and Partners			
Healthy Built Environments Consultant			
Meeting Support: Community, ACRD & Island Health	\$3,000	\$3,000	\$3,000
meeting/event rooms			
teleconference			
administration			
Action Tables, Community Learning Resources	\$20,000	\$20,000	\$20,000
staff time, community knowledge holders, content experts, volunteers, meeting support, venues, promotion and knowledge exchange.			
TOTAL	\$64,500	\$64,500	\$64,500

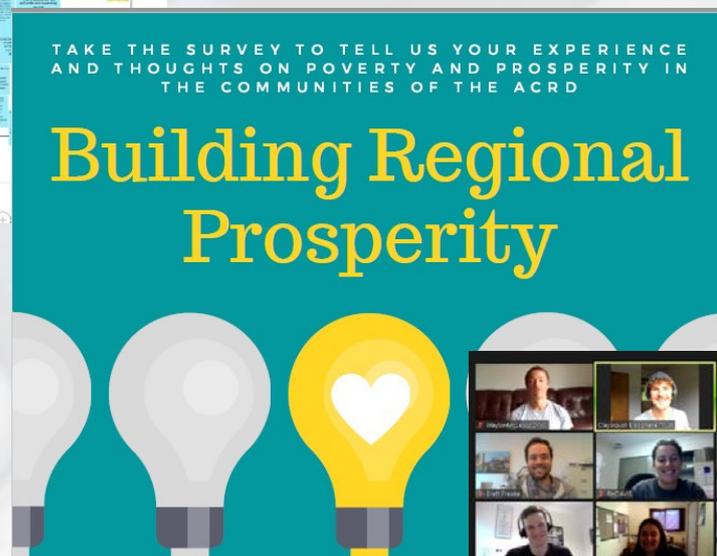
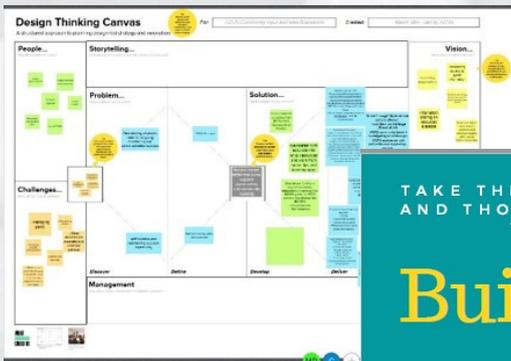


COMING UP IN 2021

We look forward to continuing our work with you, your networks and the ACRD communities. We are excited by the progress we as a region have made and will continue moving forward collaborations, projects to increase health equity and work to build healthy resilient communities.

What to Expect in 2021:

- Focus groups with preliminary results of the 2020 poverty reduction community engagement
- Release of ACRD Poverty Reduction Action Plan
- Presentations to local leadership, organizations and Networks
- Continued support, connections and planning with local networks to increase service integration and collaborations
- Network nimbleness to respond to whatever 2021 has in store!



**THANK YOU FOR YOUR ONGOING
SUPPORT AND PARTICIPATION,
WE LOOK FORWARD TO OUR
SHARED WORK IN 2021**

